

# THIS WEEK

UH LIKE UM KIND OF  
SO OH RIGHT  
AH OKAY I MEAN  
YOU KNOW

## INTRO

*You know, um I want to speak kind of fluently, right?*  
I want to speak fluently- that's the whole message.  
The rest are **fillers**(you know, **UM**, kind of, **right**).  
These are words with no specific meaning but with very important role. If you use them, you will sound more fluent and natural :)  
Ready? Let's learn how to use them :)

### BEFORE YOU START !

Prepare a pen and a notebook.

You will handwrite the answers.



# 02

## WATCH THE VIDEO. USE SUBTITLES IF YOU NEED

Relax and enjoy the video :)

You don't have to understand everything!

Watch this and note down 7 filler expressions she discussed.  
**BE READY TO TELL ME WHY WE USE FILLERS.**



# 03 FIND 3-5 MORE FILLER EXPRESSIONS ONLINE. CREATE 10 SENTENCES WITH YOUR NEW FILLERS AND THE ONES FROM THE VIDEO.

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# 04 FIND AN INTERVIEW WITH SOME NATIVE ENGLISH SPEAKER, LISTEN TO 3-5 MINUTES OF IT AND TRY TO FIND SOME FILLER WORDS

This is one of the first videos that popped up in my YT when I searched “interview with ...”

Check it out and focus on **fillers**. (they often skip them in the subtitles, so try watching the video at least once without them)

What fillers are they using? When? Do they mean anything?

Remember also that both of these people are highly educated and know how to present themselves professionally. So stop being so hard on yourself when you speak and make pauses/fillers :)

This is natural! :)



# 05

**LET'S USE FILLERS :) THE QUESTIONS BELOW ARE CERTAINLY NOT EASY TO ANSWER. YOU WILL NEED FILLERS TO SHOW HESITATION OR BUY YOURSELF SOME TIME BEFORE GIVING REPLYING.**

1. Should parents choose their child's future profession or should children be free to make their own decisions?
2. Why do you think that some parents choose to educate their children at home? Is this a good thing?
3. What are your plans for the future?
4. What do you like about your town?
5. What was it like growing up in your hometown?
6. What do you enjoy about your work?
7. How do you think your neighbourhood could be improved?
8. How have eating habits changed over recent years?
9. Do you think long-distance transport will improve in the future?
10. How healthy is your country's cuisine?

**Find your motivation** and purpose to speak English. Be ready to explain complex and interesting ideas

# 06 PART 2

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11. Why do you think people go to restaurants when they want to celebrate something?
12. Do people take as much exercise as in the past?
13. Why is exercise good for you?
14. What are the advantages and disadvantages of public transportation?
15. Which part of your country would you recommend to tourists?
16. What are the main health problems in your country?
17. Do you think computer games can make children violent?
18. What is the most difficult aspect of learning English?
19. What are the benefits of travel?
20. Which country would you really like to visit?



**Time to be creative !**